

Buckden & Little Paxton Surgeries

Newsletter



Flu Vaccination 2021

Contact Us

Website: www.bandlp.co.uk

Buckden Tel: 01480 810216

Email: bandlp@nhs.net

Saturday Flu Clinics

2 October 8:00am – 12:30pm

At these clinics, we will offer flu, pneumococcal and shingles vaccination to eligible patients aged 18 and over. See the following pages for further information on who is eligible.

Buckden Surgery

There will be three separate clinics with separate entrances on each flu day

Clinic 1: Main entrance – this will be for anyone who has mobility issues. We may also ask you to attend this clinic if there are some quick reviews we can complete whilst we see you face to face.

Clinic 2: The staff entrance up the stairs. If you also need pneumococcal or shingles vaccination this will be where you are booked.

Clinic 3: The fire exit around the back up a short flight stairs for everyone else

Please remember into which clinic you are booked. Where possible we will text you a reminder the week before, please ensure we have your correct mobile phone.

We will be operating a one in one out system for each clinic.

Little Paxton Surgery

One clinic for any patient with or without mobility issues to have any of the vaccinations they are eligible for.

We will be operating a one way system using the main entrance and exiting at the back door.

On the day

Please arrive on time

Please wear a face mask

Please leave your car at home, if you can. Patients and staff will be in the carpark at Buckden – please take extra care.

Please do not come if you have any covid symptoms

We appreciate your co-operation to help these days run smoothly, efficiently and safely.

The Saturday clinics will be busy with lots of patients. We are also putting on clinics on some Mondays, Tuesdays and Wednesdays; please ask to be booked into these clinic if you prefer a quieter clinic.

Please call our Reception team on 01480 810216 to book an appointment. If you can, please call after 11am when our phone lines are generally quieter.

Housebound Patients

If you, or someone you know, is unable to attend the surgery and would like a flu vaccination, please contact us before **24 September 2021** on 01480 810216.

Eligible Patients under 18

All children aged 2 to 15 (but not 16 years or older) on 31 August 2021

Children in school should have the vaccination at School. We will be running separate clinics later in the year for children aged 2 or 3 on 31 August 2021 and other eligible patients under 18 who do not receive the vaccination as part of the school provision. Invitations will follow.

Why vaccination is safe and important

- protect other people in your community – by helping to stop diseases spreading to people who cannot have vaccines
- reduce or even get rid of some diseases – if enough people are vaccinated
- do not overload or weaken the immune system – it's safe to give children several vaccines at a time and this reduces the amount of injections they need
- do not cause allergies or any other conditions – all the current evidence tells us that vaccinating is safer than not vaccinating

<https://www.nhs.uk/conditions/vaccinations/why-vaccination-is-safe-and-important/>

Who should get the flu vaccine?

This year the flu vaccine is being offered on the NHS to:

- all children aged 2 to 15 (but not 16 years or older) on 31 August 2021
- those aged 6 months to under 50 years in clinical risk groups
- pregnant women
- those aged 50 years and over
- those in long-stay residential care homes
- carers
- close contacts of immunocompromised individuals
- frontline health and social care staff

<https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/>

COVID vaccination Booster

We are not currently planning to offer any COVID booster at the time of the flu vaccination. We are still waiting for information about how and when the booster may need to be delivered.

Who should have the pneumococcal vaccine?

A pneumococcal infection can affect anyone. But some people are at higher risk of serious illness, so it's recommended they're given the pneumococcal vaccination on the NHS.

These include:

- babies
- adults aged 65 or over
- children and adults with certain long-term health conditions, such as a serious heart or kidney condition

For the majority of patients, the pneumococcal vaccination is a once in a lifetime vaccination. For patients with certain medical conditions, a booster is required every five years.

<https://www.nhs.uk/conditions/vaccinations/pneumococcal-vaccination/>

Who can have the shingles vaccination?

You are eligible for the shingles vaccine if you are aged between 70 and 79 years old. You remain eligible until your 80th birthday.

When you are eligible, you can have the shingles vaccination at any time of year. The shingles vaccination is a once in a lifetime vaccination.

The shingles vaccination is a live vaccine. If you have a weakened immune system – your GP can advise you whether it is suitable for you.

How safe is the shingles vaccine?

There is a lot of evidence showing that the shingles vaccine is very safe. It has already been used in several countries, including the US and Canada, and no safety concerns have been raised. The vaccine also has few side effects.

<https://www.nhs.uk/conditions/vaccinations/shingles-vaccination/>



The poster features a photograph of a smiling woman holding a baby, with a man standing behind them. The text is overlaid on the image.


Public Health
England

**Immunisation
helps to
protect you
from disease**

During a pandemic, it's more important than ever to keep up with infant, child and adult immunisations to prevent outbreaks of other diseases. Make an appointment with your GP practice, and make sure you and your children are protected.

 Vaccination appointments count as an important medical reason to leave your home.