

Buckden & Little Paxton Surgeries Newsletter



December 2018



The "COMINGS"

**SIMON STITSON
PRACTICE MANAGER**



We welcome Simon to the practice.

First, a big thank you to everybody for making me feel so welcome as I start my role as Practice Manager. I am really looking forward to joining the team and getting to know our practice and patients.

I've been a Practice Manager for about 14 years and I've managed practices of different sizes and in different Clinical Commissioning Groups, but what is really important to me is that we provide a high quality service for our patients. I hope to be able to meet some of you over the next few weeks and would welcome any feedback on how we are doing.

Away from the practice, my partner and I live in Peterborough (so I will be able to track daily progress on the A1 roadworks!) and enjoy mountain biking (although nothing too strenuous!). We recently moved to a new house (aka the money pit!) which we are enjoying improving, including a full on garage renovation to house my prized car which is only allowed out in the sunshine!

If I don't get to speak with you before, I would like to take this opportunity to wish you all a very Merry Christmas and a very happy and healthy New Year. And, on behalf of the team, thank you for all your support over the last 12 months.

Welcome, Simon!

**KATHY ASHTON
DISPENSER**



We welcome Kathy to the practice.

Hello, I have been a qualified dispenser for many years and I have worked in Boots (St. Neots) and I have just recently left Papworth Surgery (pharmacy). I am really looking forward to meeting all the staff and patients at Buckden and Little Paxton Surgery.

Outside of work I enjoy baking, socialising and visiting National trust properties. I am also soon to be a first time granny in 2019 which will keep me on my toes.

I would like to wish you all a Merry Christmas and a Happy New Year!

Welcome, Kathy!

DISPENSARY



A reminder about repeat prescriptions.

REPEAT PRESCRIPTIONS

Please remember when you place a repeat request we need

2 working days

Before you call to collect your prescription

This also applies to medication requests from hospital consultants, etc.

The Dispensary is open as follows:

8.00 am-6.00 pm Monday, Tuesday,

Wednesday

8.00 am-1.00 pm Thursday

8.00 am- 5.00 pm Friday

FLU DAY



Due to National issues, the supplier had to stagger the provision of the Fluad vaccinations (recommended for the over 65s). We were therefore not able to give vaccinations to as many as usual on our planned Flu Day of the 29 September. On the 22 November we had another dedicated Flu day to vaccinate further patients. Over the two sessions, we vaccinated 1028 patients (compared with 862 patients in our 2017 Flu Day).

If you are eligible for a flu vaccination and have not yet had your jab, please speak to reception. The flu vaccination is also still available at many pharmacies.

FRONT OF THE SURGERY



If you have recently been to Buckden Surgery you may have noticed the new steps at the front of the surgery. We have also created a

new bike area which can accommodate up to 6 bikes. We hope you like the new look.

LOST PROPERTY



Buckden Surgery

- Volvo car keys were left in the waiting room on Thursday 22 November (after flu clinic)
- Men's brown leather M&S belt size large
- Black woolly pompom hat
- Gold coloured necklace with sparkly pendant
- Silver hoop earring with rose gold coloured ball attached
- Silver Emporio Armani square cufflink
- Black framed glasses
- Black bag size umbrella

Little Paxton Surgery

- Silver Ring- Handed in from the park

BANK HOLIDAYS



Please be reminded that the surgery is closed for all public bank holidays including Tuesday 25th and Wednesday 26th December and Tuesday 1st January 2019.

If you require urgent advice or assistance please ring 111; you will be connected to a trained call advisor. Please do not hesitate to ring 999 if you feel it is life threatening.

Emergency on-the-day appointments will be available at both surgeries the morning following a bank holiday. Please call reception to book.

CHRISTMAS JUMPER DAY



On the 14th December Buckden and Little Paxton Surgeries took part in the national

Christmas jumper day. We decided to donate the money we raised to a local homeless charity. In total we raised £40.00.



COUCH TO 5K



If anyone is interested in trying the Couch to 5K then please book an appointment with Dr Irwin to discuss.



YOUR PATIENTS' ASSOCIATION NEEDS YOU!



It is with great sadness that I report the recent death of Millie Small, our Brampton representative. Millie had been on the committee for 3 years and was elected secretary at the AGM. She was always so helpful and we will miss her enthusiasm and attention to detail. Our condolences to her family.

As a patient registered with the Buckden & Little Paxton Surgeries, you are a member of the Surgeries Patients' Association (BLPSA) which exists to support the surgeries in their services to you. There is a committee in place. A list up in the surgeries so you can see who has been elected.

Our thanks to all the hardy souls who came to our Christmas Coffee Morning braving the wind and rain. We were joined by a group from the Huntingdon Healthy Walkers. They all enjoyed the refreshments kindly provided by TESCO as well as the delicious bakes made by the committee. Donations swelled the coffers by nearly £60.

Diary Date

On Tuesday 26 February 2019

"Dr Irwin will talk on *Prostate cancer – to screen or not to screen*

at Buckden School, 7pm, Light refreshments, All Welcome

Fundraising

We do some fundraising through the 200 Club. It is our main source of income. We have recently purchased equipped trolleys for the consulting rooms to facilitate the extended hours of the surgery opening times.

To join the **200 Club** contact

Sheena Wilkinson 01480

810086

kwilki5986@aol.com

Voluntary car scheme

A service much valued by many patients

Pam Dodman is the coordinator.

If you need transport to the surgery for an appointment or to offer your services as a driver contact her on 01480 812880

pam.dodman@buckdencambs.co.uk

We are always looking for new members that would be representative of our community. Or maybe you feel you have a particular interest or skill to contribute? We are a friendly group that meet 4 times a year. If you would like to know more do give me a call.

Please do contact me; I look forward to hearing from you:

Flora Sheringham, Chair, Tel: 01480 811189

f.sheringham@btinternet.com

With all good wishes for the festive season and a happy and healthy New Year to you and yours