

# Buckden & Little Paxton Surgeries Newsletter



August 2021

## Welcome to our Newsletter

### Face Coverings

In line with the current government guidance patients are required to continue to wear face coverings when visiting the surgery, please also continue to respect (2metre) social distancing.

### COVID Vaccination Hub

A huge thank you goes out to everyone who helped to make the COVID vaccination hub at Little Paxton such a success. Amazingly over 46,000 vaccinations were administered, this was only achieved due to the help and support from the whole community.

We have been through a monumental effort to bring the COVID vaccinations as close to your doorstep as possible. The volunteer team are what made it happen and on behalf of the Buckden and Little Paxton Surgery we extend our gratitude and thanks to all who gave your free time to make this work. Special recognition goes to Ursula and Jeff for such a dedicated and diligent service to the community, this will be a testament to how communities get together and make something happen for the good of the community and humanity!

A special appreciation goes to the 1st Little Paxton Scout Group and Little Paxton Parish Council who immediately jumped to action and have been so generous in the support they have given us from putting out cones at 7am to allowing us to utilise their newly renovated building.



Thanks to the Buckden and Little Paxton staff as well for all your hard work. Well done to you all. If we could nominate you in the Queen's honours list for an award, you would be strong contenders! PROFOUND GRATITUDE AND THANKS.

Best wishes from the Partners and Management at the surgery.

## **A1 Network Primary Care Network (PCN)**

As well as Buckden and Little Paxton Surgeries, Almond Road Surgery, Kimbolton Medical Centre, Wellside Surgery and Alconbury and Brampton Surgeries are working together to provide extra services for our patients and reduce your waiting time.

You may be offered an appointment directly with Simon the physiotherapist, Andrew the social prescribing link worker or one of the surgery pharmacists Ravi, Naz or Kemi who can advise on medications and perform reviews.

The PCN plan to recruit different services over the next year including a care coordinator, mental health support worker and pharmacy technicians. So do not be surprised if the receptionist offers you an appointment with a specialist clinician next time you call in.

## **Dr Goodwin Retirement**

As you may know, Dr. Goodwin is retiring after many years of dedicated care and giving. He will be greatly missed by all. Please see message from him below:



"I shall be retiring from the partnership of the Practice at the end of September after 29years, although, I hope to remain in some capacity such that I reach the 30year milestone.

One of the reasons for choosing to work in General Practice was to meet and provide care for a variety of people and families from different backgrounds, getting to know them over a period of time and understand how and why they may react in different ways to different medical conditions. Working here at Buckden & Little Paxton has certainly allowed me that opportunity. You cannot say that General Practice is boring, and I am privileged both to work in such a fascinating profession and to have done so here. My time as a partner has been challenging, rewarding, demanding and fulfilling.

The last 18months, in particular the Covid pandemic and vaccination programme, has been and continues to be the most arduous period within my time in General Practice. I know the Partners, Practice Manager and staff all strive to provide as good a level of service as they are able to and I ask you to continue to work with them as hopefully we can gradually move forward to a slightly greater degree of stability and a new normal.

I am delighted that Dr Mina Rizkallah has agreed to join the Practice as a new partner when I retire and I would like to wish him all the best for a successful and enjoyable career here at Buckden & Little Paxton."

## **Dr Mina Rizkallah joining the practice as new partner on 1<sup>st</sup> October**

I am delighted and very excited to join the surgery as the new partner. May I take this opportunity to wish Dr. Goodwin all the best for a fabulous retirement and to enjoy this new chapter in his life.

I completed my medical degree in Egypt and graduated in 2009. After graduation, I started training as a general surgeon in Cairo University Hospitals before moving to the UK where I continued to work in surgical specialities ear, nose and throat and orthopaedics.



I started GP training in West Cambridgeshire and completed training in 2020 when I also completed a diploma in sexual and reproductive health and I became a member of The Royal College of General Practitioners –London.

I will also be undertaking minor surgery and vasectomy clinics with Buckden Dermatology Community Services.

I have a passionate commitment to the values of the NHS, patient care and ensuring the patient's voice is central in a time of great change. When I am not at work my partner and I enjoy walking our dog, I also enjoy interior design, which means a new refurbishment project every so often!

### **Good News**

I am sure you will join me in congratulating Dr Nathalie Rodriguez McCullough and her husband on the birth of their delightful baby girl Naira. She will be returning from maternity leave on 20<sup>th</sup> December 2021.

We wish her joy and happiness.

### **Meet the team!**

There have been many changes over the past year this is true for the surgery staff.

Please allow me to introduce myself I am Michelle the Practice Manager (PM). I joined the surgery in October and have had a bit of a roller coaster induction through general practice. This is my first placement as PM however I have earned my stripes in the NHS for over 10 years. I have worked in three surgeries, navigating reception, admin and secretary teams to find myself assistant manager, and now I am here, as PM supporting this wonderful friendly team.

I love nothing more than spending time in the garden with my King Charles spaniel "Charlie".

I am confident that I will get to know many of you as I see you around the surgeries and villages. Please feel free to ask to speak to me if you have any observations - I hope you have some positive comments too! I am here to serve the surgery and community alike and hope we have a long and constructive relationship.



### **Introducing ...**

To the clinical team, Dr Taylor who works 3 days a week and has a special interest in geriatric medicine. As well as looking after Paxton Hall.

Nurse Claire Cox who was a newly qualified nurse when she joined the surgery a year ago. She has blossomed into a confident practice nurse and is currently in the process of cervical screening training.

HCA Rebecca Acolina, who as well as taking bloods, body measurements and ECGs will be helping in our minor surgery clinics.

Reception has seen many changes and grown by four new staff members Karen, Charlotte, Zoe and Sophie. Sarah has stepped into the breach as senior receptionist after Caroline has moved to workflow with support from Tom our new IT lead.

The dispensary team has also grown with the addition of Shan and Rebecca, Shan is fully qualified as a dispenser and after months of training Rebecca has nearly completed her dispensary qualifications.

This month we also welcome Dr Lameris as a salaried GP, who is joining us from Monkfield Medical Practice, Dr Lameris has an interest in contraception and will be leading the team in woman's health.

The surgery is currently hosting three GP trainees in their final year of training, Dr Verma, Dr Htoo and Dr Jawed. These are qualified Doctors training to become General Practitioners. Please support them in their training.

Doctor David Irwin will officially leave the surgery at the end of August. We thank Dr Irwin for staying around to support the team during the COVID outbreak and wish him the best for his future retirement. May it be long and fulfilling.

### **Eileen Barnett**

Sadly previous staff member Eileen Barnett passed away earlier this year. Eileen worked for many years as a Practice Nurse at the surgery particularly looking after those patients with diabetes. We pass on our condolences to her husband Mike and her wider family.

### **Delayed New Telephone System**

Further to our previous communique on the phone system change a delay is occurring due to the BT lines needing to be replaced to get a new line with wider bandwidth to cope with the traffic we require for the future. We are working on this to ensure this can be done ASAP but we are beholden to BT at this stage so have to continue to use the old lines, please bear with us.

### **Buckden & Little Paxton Surgeries Patients Association (BLPSA)**

The BLSPA are in the process of organising their Annual General Meeting at Little Paxton Village Hall on 15<sup>th</sup> September 2021 at 7pm.

Patients from Buckden, Little Paxton and surrounding villages who are registered with the surgery are invited to attend. They will also be inviting all the vaccination team and volunteers to celebrate their achievements and offer thanks for their time and energies to contribute to the greater good.

More information will be published in Roundabout nearer the time.

### **NHS APP**

From the NHS App you can access your "covid pass" which proves you have had your covid vaccinations. Evidence of your vaccination status may be required for travel and at large events.

The NHS App is also a great way to order your repeat medication and even check test results or view your medical records. The NHS App is available 24/7 and is quick to use. Ordering medication only takes a minute and can be done from the comfort of your home.

The NHS App even tells you the last time your medication was prescribed so you can check it is ready before heading to collect your order. Please download the app from your app store to begin and speak to a member of the team for support.

<https://www.nhs.uk/nhs-app/>

## **Dispensary**

From 1<sup>st</sup> August 2021 the dispensary has been cashless. Please ensure you bring with you the correct exemption evidence, proof of age or an electronic form of payment such as a bankcard.

Please note we have extended the Dispensary opening time.

**Collections times for medication from the Dispensary at Buckden have changed to below;**

Monday	08:00 - 12:00, 14:00 - 17:45
Tuesday	08:00 - 12:00, 14:00 - 17:45
Wednesday	08:00 - 12:00, 14:00 - 17:45
Thursday	08:00 - 13:00
Friday	08:00 - 12:00, 14:00 - 16:45
If you have an issue with your medication or would like to speak to a member of the dispensing team please call the surgery and press option 3 between 10:00 & 12:00. Paper requests can be placed in the boxes outside both surgeries.	

## **Contact Us**

Website: [www.bandlp.co.uk](http://www.bandlp.co.uk)

Buckden Tel: 01480 810216

Email: [bandlp@nhs.net](mailto:bandlp@nhs.net)