

# Buckden & Little Paxton Surgeries Newsletter



October 2014

Welcome to the October edition of our Practice newsletter.

We hope you have all enjoyed a relaxing summer break. Listening to the weather forecasts it seems that summer is getting ready to leave us. We have all noticed the days getting shorter and the nights drawing in so the forecasters may be right.

## STAFF COMING & GOINGS

**Gone** is our Practice Nurse, Viv Willox, who left on September 25th after nearly seven years working at the Practice. She will be sadly missed by all staff and patients and we send her our very best wishes.

Viv said .... "As many of you may have heard I am leaving Buckden Surgery. My husband and I moved to Cambridge in June and I have been offered a similar job in a surgery closer to our new home.

It is with great sadness that I leave. It has been a privilege to look after the patients here in Buckden. Many of my "regulars" became old friends and I would like to thank you all.

I have been proud to be part of the team here and would like to thank my colleagues for their support and friendship over the last seven years. I will miss you all and wish you the very best for the future".

## TWO WHEELS for the WOODLANDS BIKE RIDE



Dr Irwin, Dr Fagnoli, Viv & Iona, our Practice Secretary, would like to thank everyone who sponsored them. They raised £400 which is fantastic! It was a tough event, the weather was awful at times and the route was longer than expected but they did it! **WELL DONE & NOW THE "COMINGS"**

**Dr Amman Basuita**

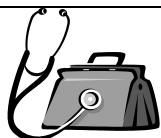


Some of you may have already met Dr Basuita. She is an ST3 in her final year of GP training. .... "I am from Hertfordshire and graduated from Birmingham University following which I worked at City Hospital, Birmingham and the Queen Elizabeth Hospital, Birmingham. I then decided that I wanted to do General Practice and determined to return to Cambridgeshire where I went to school. I have worked in St Ives, Huntingdon and at Hinchbrook Hospital locally. Overall, I have covered many different specialities during my hospital training including ENT, gastroenterology, elderly care, orthopaedics, A&E, paediatrics and obstetrics & gynaecology and more! I am currently working towards an extra qualification in reproductive and sexual health.

I got married two years ago and in my spare time I love cooking [with varying levels of success], reading [especially Agatha Christie or Dumas] and if I had to pick a role model it would probably be either Emma Thompson or Navi Pillay.

I have had a lovely welcome from all the team and patients here and I am looking forward to spending the next year at the surgery." .....

## Dr Alex Russell



Some of you may have met Dr Russell who is an FY2 and she will be making a decision as to whether to study to become a GP [we're hoping to persuade her!]. Dr Russell will be with us until the beginning of December.

....."I trained at Cambridge University Medical School where I gained a Medical degree and a BA in Physiology. I have since worked at Hinchingsbrooke Hospital before recently joining the Practice in August.

I have enjoyed every speciality of my training so far and would like to pursue a career in General Practice. I am inspired by the wide variety of conditions which must be managed by General Practice. I also recognise the direct benefit a GP can bring in enabling patients to understand and optimise their health. I believe the most important attributes of a good doctor are a sound knowledge base, approachability, empathy and trustworthiness.

Outside of medicine, I am an enthusiastic musician. I sing regularly for Big Bands and smaller Jazz groups at events and weddings. I have an interest in Art History and frequently travel to London on days off to enjoy visiting galleries and art exhibitions.".....

## APPRENTICE



We have a new Apprentice and some of you may already have seen Chloe working with the receptionists. She has also spent a week in the Dispensary. Chloe says that she is enjoying working at the Practice, working with the Practice Team and appreciates the help and support she has been given, and the friendly and warm welcome.

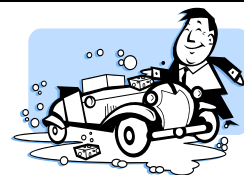
On Saturdays and Sundays over the last three years Chloe has worked as a waitress in the cafe

at Hinchingsbrooke Country Park and enjoys meeting and chatting with the customers.

Chloe previously played badminton for Cambridgeshire but now coaches this sport to 10-16 year olds. In her spare time [!] she does baby-sitting.

**Welcome** to the team Chloe.

## VOLUNTARY CAR SCHEME



We wanted to highlight in this newsletter the amazing work our voluntary car drivers do in helping those Buckden and Little Paxton patients attend the surgery for appointments when little other transport option is available. These volunteers work so hard and give such a valuable service to our patients we thought it high time we said **THANK YOU!**

The car drivers volunteer without any remuneration for their time but must ask for a nominal fee to cover such expenses as petrol and motor vehicle wear and tear. Charges to patients are applicable and have remained as low as possible for several years:

Buckden	£2	Offords	£4
Grafham	£7	Perry	£7
Little Paxton	£5	Southoe	£7

Patients should please give 24 hours notification of an appointment to request transport. Please bear in mind that as this is a voluntary service it might be that our drivers cannot always accommodate - but they certainly will do their utmost!

## Could you spare some time and become a voluntary driver?

We are especially short on drivers in The Offords and Perry and after initial checks, you would be truly welcomed into the Volunteer Group community. Please contact the surgery for further details.

## FLU DAY – SATURDAY MORNING

11<sup>th</sup> OCTOBER 2014



**IT'S THAT TIME OF YEAR AGAIN!**

**DON'T FORGET TO BOOK YOUR ANNUAL  
FLU VACCINATION:**

**You may be eligible for the pneumonia and  
shingles vaccination. Please enquire at  
reception.**

### **DISPENSARY**



**A reminder about repeat prescriptions.**

### **REPEAT PRESCRIPTIONS**

Please remember when you place a  
repeat request we need

**48hrs**

before you call to collect your  
prescription

This also applies to medication requests  
from hospital consultants, etc.

**The Dispensary is open as follows:**

8.00 am-6.00 pm Monday, Tuesday, Friday

8.00 am-1.00 pm Thursday

8.00 am- 5.00 pm Friday.



### **TELEPHONE APPOINTMENTS**

Please remember that you are now able to  
make telephone appointments with a GP.  
Telephone appointments are most useful for  
discussions about scans or blood results for  
instance. Please call reception to book your  
telephone appointment

### **BUCKDEN CAR PARKING**



We are again urging patients to park in a  
straight line between the yellow bollards on the  
left of the car park. Please also park in a  
straight line on the right side of the car park  
and as close as practicably safe and  
comfortable to the next parked car. Staff at  
Buckden have marvelled recently at the  
careless positioning of some cars taking up two  
spaces. We appreciate that parking is tight at  
times but we would **really** appreciate your  
cooperation.

A respectful reminder that the car park at  
Buckden Surgery is private property and is for  
the strict use of patients visiting the surgery.

### **APPOINTMENT TIMES**

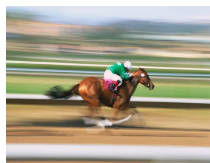


We understand the frustrations caused when a  
clinic runs late and patients are not seen at the  
time of the appointment. We do try our utmost  
to keep our clinics moving swiftly but there are  
times when emergencies occur and you may be  
asked to wait a little longer. When this  
happens, we apologise for any inconvenience.

### **Online Patient Access to Medical Records, Repeat Prescriptions and Appointments**

Our patients have been enjoying the facility to  
book their appointments and request repeat  
prescriptions online for some years now. By  
following the same link and using the password  
provided, patients are also able to view a  
summary of their medical records. If you do not  
have this facility and would like it, please ask at  
reception for an access pin code.

## EQUINE UPDATE!



When Practice Nurse, Lynette, joined the Practice earlier this year, she wrote "my daughter & I share a passion of all things equine and have a race horse in training which hasn't won yet!!! **but** watch this space. Well, at the Practice we have been "watching this space" and Lynette is delighted to tell you that their horse came third in a recent race and will be running a hurdle race in November. Well-known jockey Leighton Aspell, who won this year's Grand National, will continue to ride him. **SO EXCITING!**

We are sure that some of you will be interested and happy to know that the pony that was abandoned in the field by the river in Little Paxton has been rescued and is now in a new, safe home.



We hope you have enjoyed reading this and found the information useful. The newsletters are designed to keep our patients abreast of staff news and updated services at Buckden and Little Paxton and not designed to give any form of clinical advice. However, as we said in the first newsletter in January 2013 ... please let us know the sort of information you would like to see in these newsletters.

## BUCKDEN SURGERY PATIENTS ASSOCIATION

Thank you to everyone who attended the Buckden Surgery Patients Association AGM on 17<sup>th</sup> September. We are delighted to announce the committee members for 2014-15 as follows:

Chairman:	Richard West
Vice Chairperson:	Sheena Wilkinson
Secretary:	Lorraine Toogood
Treasurer:	John Sharman
200 Club:	Sheena Wilkinson

Co-opted:

Car Co-ordinator: Audrey Gill

Village Representatives:

Brampton: Milly Small

Buckden: Jill Bateson

Ellington and Grafham – Vacant

Offords: Hilary Moorbey

Southoe: Pam Dodman

Little Paxton: Jean Matheson

Practice Representative: Dr. David Irwin  
(Adele Slaney, Practice Manager)