# Buckden & Little Paxton Surgeries Newsletter



## January 2015

## HAPPY NEW YEAR to all our patients and best wishes for 2015.

Thank you for supporting our Christmas raffle which raised £536.80 at Buckden and £140.00 at Little Paxton. Half the money raised at Buckden goes to the charity Magpas and the rest to the Patient Association.

There are still some raffle prizes to be collected so please check your tickets – you may be a winner. Winning tickets will be displayed on the notice board in reception until 30.01.15 and collection of raffle prizes must be made by then please.

Winning ticket details are shown at the end of this newsletter.

#### **STAFF COMINGS & GOINGS**

**Dr Alex Russell** 



Dr Russell has now left our Practice and moved onto further training at Papworth Hospital.

She is missed by staff and patients and leaves with our very best wishes for her future career and training.

#### Margo Wemyss



I will be retiring at the end of January and would like to say how much I have enjoyed working with the professional, supportive and happy team here at Buckden. The job is always busy, always interesting and always challenging. I shall, of course, miss all the staff ..... but I will definitely not miss trying to get onto Buckden Roundabout at the end of a busy day! A word about Margo from Management:

Margo started with the Dermatology Team at Buckden some seven years ago after signing a six month contract! What was supposed to be a little extra job turned into 26 hours a week of sheer graft and we are very grateful that Margo decided to spend so much of her time working for us. Dr. Fargnoli in particular says .....

"Margo has been a complete lifesaver for the team; always being there for us, always pulling her sleeves up, plugging the gaps. I am not sure how to describe her as she is bigger and better than any English term could do justice. Margo seems to absorb qualities from figures well-known to us such as An Agony Aunt, a Wise Owl, a Mary Poppins, a Fairy Godmother, a Matriarch with a bit of Nanny McPhee thrown in. And of course she is a true friend. If you gel them together I am sure it colours a picture of her greatness. The team and particularly myself will truly miss you Margo and please come back and visit as you will always be welcome for a cuppa!"

#### And now the "COMINGS"

Dr Jason Choi



New to our Practice is Dr Jason Choi, a FY2 Doctor. Dr Choi says

....." I was born in Seoul, South Korea and came to England in 2002 as year 9. I went to school in Cambridge for GCSEs and A-levels and trained at Imperial College London Medical School through which I gained medical degree as well as BSc in Management.

I became fully qualified after completing a first year of foundation doctor at Hinchingbrooke Hospital and currently I am an FY2 doctor recently started in General Practice rotation. So far, I have done General Medicine, General Surgery, Care of Elderly and Orthopaedics rotations as part of my training and enjoyed every speciality I have worked so far. I would like to pursue a career in Medicine but have not decided which specialty to go into yet. Maybe General Practice might just be the right one for me!

In my free time, I enjoy playing football and watching films. On weekends, I usually go down to London to catch up with Uni friends. I have had a very warm welcome from all the staff at the surgery and look forward to working with them for the next four months.".....

#### **ADMINISTRATION**



New to administration is Nicky Smalley who joined us mid-October as part of Dr Fargnoli's Community Dermatology Team.

Nicky says .........." Hello – My name is Nicky and about three months ago now, I started working here at Buckden as Medical Secretary in Community Dermatology. My very first job after leaving College was at Hinchingbrooke Hospital when it first opened (I'll let you do the Maths) and quite a few jobs, 2 children and 19 years working for Leisure later, I decided to go back to my roots and joined the team here at Buckden.

I have never been a great one for hobbies, I have played golf, have knitted and attempted crochet. I love to cook and to be honest, there is nothing I enjoy more than being at home, being with, and looking after my family. I have two boys (three if you count the Hubby), who have both always been extremely active and into everything, so no surprise that I have been a taxi for the past 19 years!

I have really enjoyed my first few months here at Buckden. Everyone has been so kind, patient (ha ha), welcoming and friendly. I am looking forward to the challenges ahead.".....

**FLU DAY** 



Flu Day was very busy and very successful with just under 2000 eligible patients being vaccinated. A record!

## DISPENSARY



A reminder about repeat prescriptions.

### **REPEAT PRESCRIPTIONS**

Please remember when you place a repeat request we need

## 48hrs

before you call to collect your prescription This also applies to medication requests from hospital consultants, etc.

The Dispensary is open as follows:

8.00 am-6.00 pm Monday, Tuesday, Friday

8.00 am-1.00 pm Thursday

8.00 am- 5.00 pm Friday.

#### **VOLUNTARY CAR SCHEME**



Following our last newsletter, one person has volunteered as a driver – thank you very much. If anyone else is interested, please get in touch with our Practice Manager, Adele, for further information.



#### **TELEPHONE APPOINTMENTS**

These are working really well and this is a reminder to all patients that some telephone appointments are early mornings from 07:30 to 08:00 and others are evening appointments from 18:30 to 19:00. Please make sure you are available at the time booked to avoid missing your Doctor's telephone call.

#### Car Park at Buckden



Concerns were expressed by patients at this time last year about the icy car park at Buckden Surgery. Much thought was given to this but it is ineffective to grit/salt gravel and even less effective to apply grit/salt on top of ice and snow. We are unable to tarmac the car park on what is reclaimed land due to regulations. Please remember, therefore, when the snow and ice come, to take the utmost care. Although a member of staff will have sprinkled sand on the steps into the surgery at Buckden, please still take great care on wintry days.



#### HEALTH AND SAFETY NOTICE



We will be making some improvements to the outside lighting and especially to the front entrance and steps in the next few weeks. Until these improvements are made and whilst the days are still short, please may we respectfully ask that patients use the ramp rather than the steps if they are cautious about the shadow cast over them.

### Your Opinion Matters / NHS Friends & Family



Thanks to those who took part in our first NHS Friends and Family test. A total of 37 postcards were completed across both sites during December 2014. Everyone who responded would be likely to recommend our GP Practice to friends and family. 33 respondents said they were highly likely to recommend us: 1 respondent said likely to recommend us.

Please ask reception if you cannot see any "Your Opinion Matters" postcards to complete.

This is an ongoing initiative and patients are encouraged to post their feedback as many times as they wish on visiting the surgery. The "Your Opinion Matters" postcards are available at reception at Buckden and on the table under the plaque at Little Paxton. Please ask reception if unsure.

REGISTRATION OF OUT OF AREA PATIENTS



**Big News!** You may be interested to know that due to new legislation, if you move house and are no longer living within our catchment area, it may be possible to remain registered with us. However, patients would forgo any eligibility for home visits and therefore your usual GP will make the sound decision as to whether this is clinically appropriate for you. Please ask at reception for more information if you are moving out of the area and wish to remain a patient.



**Clinical Governance** - We have clinical Governance afternoons on Wednesday January 28<sup>th</sup> and Wednesday June 17<sup>th</sup> for the purposes of staff training.

#### Windows 7 Update



A national project has already been rolled out across the region to upgrade almost all PCs which are not Windows 7 compatible. The upgrades are due to happen on  $20^{th}$  and  $21^{st}$  January at Little Paxton and  $3^{rd} - 5^{th}$  February at Buckden. We would ask for your patience during this time as the essential work is fulfilled as there may be some disruption to our usual services.

#### EQUINE UPDATE! RACING NEWS



Practice Nurse, Lynette's racehorse has won his first race. The proud owner says .........."Amberjam won at Huntingdon 22nd November by 16 lengths. Romped home!! with Leighton Aspell on board. We are all so proud of him. He will now have a year off following stem cell therapy to his tendon.

Meanwhile our new pocket rocket goes into training on the 10th January. We will be calling her Buteo Bai. I bought her from Tattersalls last year as a foal and she is the fastest thing I've ever seen in the paddocks. Plan to race her late April beginning of May. Watch this space!!" ....

#### Patient Participation Survey



Please look out for our annual patient participation survey which will be emailed out to you over the next 4 to 6 weeks. We really do value your opinions and hope you'll spend just 5 or 10 minutes of your time to give us a fair assessment of how we are doing.

#### **EBOLA in West Africa**



If you have returned from Guinea, Liberia or Sierra Leone or have cared for someone with Ebola in the past twenty-one days **and** have been unwell, please tell a member of staff of call 111.

#### BUCKDEN AND LITTLE PAXTON SURGERIES



#### MEDICAL RECEPTIONIST 16.5hrs PER WEEK SALARY £7.64 per hour.

An exciting opportunity has arisen for a receptionist to join our busy, friendly team.

You must be an enthusiastic and conscientious team player with excellent communication skills. You will need to use your own initiative and be able to respond to queries in a diplomatic and professional manner. You will need excellent time management and organisational skills and be able to demonstrate a clear understanding of confidentiality issues, be well motivated, flexible, reliable and able to work under pressure.

Hours: Monday 1pm-8pm Thursday 8am-11:30am Friday 8am-1pm (alternate weeks) and Friday 2pm-5:30pm

Apply with CV and covering letter to:

Adele Slaney, Practice Manager, at The Surgery, Mayfield, Buckden, St. Neots, PE19 5SZ

UNCLAIMED RAFFLE PRIZES				
WHITE	BLUE	ORANGE	YELLOW	GREEN
321	116	74	11	21
361	196	103	56	274
353	251	135	132	334
451	272	326	158	346
456		405	253	464
460			463	479
				492

And last – but certainly not least





THANK YOU SO MUCH FROM ALL STAFF FOR THE DELICIOUS BOXES OF CHOCOLATES and TINS OF BISCUITS HANDED IN TO THE SURGERY.

JANUARY "DIETS" ARE ON HOLD!